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How Saddle Fit Can Change Your Horse's Life

SUFFERING IN SILENCE

The Saddle-Fit Link to Physical and Psychological Trauma in Horses

JOCHEN SCHLEESE

Trafalgar Square Books is pleased to announce the release of *Suffering in Silence* by Jochen Schleese.

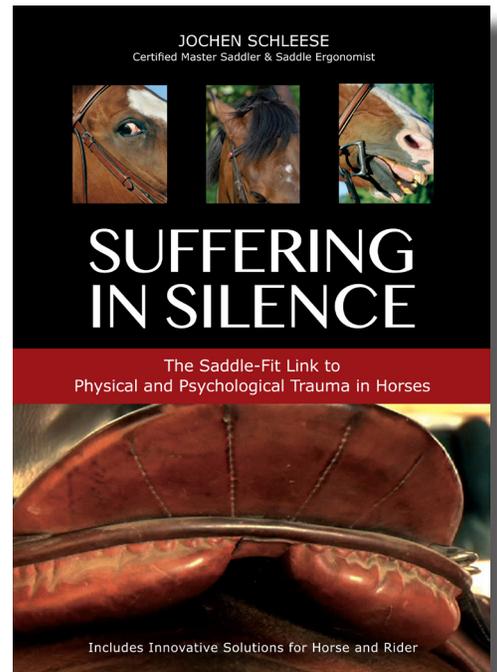
Humans and horses have been joined for thousands of years, and for much of that time, one thing has served as the primary point of contact between them: the saddle.

However, for many horses and many riders, the saddle has been no less than a refined means of torture. Horses have long suffered from tree points impeding the movement of their shoulder blades; too narrow gullet channels damaging the muscles and nerves along the vertebrae; and too long panels putting harmful pressure on the reflex point in the loin area. Male riders saddle up despite riding-related pain and the potential for serious side effects, such as impotence; female riders endure backache, slipped discs, and bladder infections, to name just a few common issues.

We must ask ourselves: How much better could we ride and how much better could our horses perform if our saddles fit optimally? If they accommodated the horse's unique conformation and natural asymmetry? If they were built for the differing anatomy of men and women? The answers to all these questions are right here, right now, in this book.

JOCHEN SCHLEESE has been working in the equestrian industry as a master saddler and saddle fitter for over 34 years, and has studied and built "gender-appropriate saddles" for over 20 of those. He completed both his journeyman's and master's certification at Passier and Sohn in Germany. In 1986 he was asked to come to Canada as the Official Saddler for the World Dressage Championships, held for the first time outside of Europe, and in 2005, 2007, and 2009 he held the same position for the World Cup Finals in Las Vegas, Nevada.

In 1990, Jochen developed a three-year certification program for the trade of saddlery together with the Ontario Ministry of Skills Development. He teaches his Saddlefit 4 Life® philosophy worldwide. Jochen is truly a leader in the concept of saddle fit: He has changed the



way saddles are made, sold, and fitted all over the world, with the good of the horse and the comfort of the rider in mind.

With the help of a master saddler, learn how the fit and position of the saddle can affect your horse—and you!

208 pp • 6 3/4 x 9 1/2 • 224 color photos, 41 illustrations • 978 1 57076 653 4 • \$29.95 hc

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