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Premier Training Techniques with the Good of the Horse in Mind

TRAINING HORSES THE INGRID KLIMKE WAY An Olympic Medalist's Winning Methods for a Joyful Riding Partnership

by INGRID KLIMKE

Trafalgar Square Books is pleased to announce the release of *Training Horses the Ingrid Klimke Way* by Ingrid Klimke.

Olympic gold-medal-winner Ingrid Klimke was born under a bright star when it came to fulfilling dreams of equestrian greatness. Her father, Reiner Klimke, was an Olympic rider himself, and he instilled his principles of training and riding with the good of the horse in mind in his daughter at a young age. Ingrid has furthered her father's esteemed legacy, modernizing two of the classic works by her father—the bestselling *Basic Training of the Young Horse* and *Cavalletti*—and tirelessly championing a balanced, fair, and caring system of training the horse that ensures his physical and mental well-being even while preparing him for the very top levels of international competition.

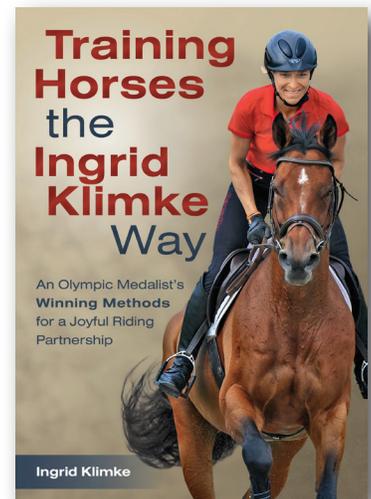
And now Ingrid has written a book of her own, detailing her personal system of bringing a horse along through the stages of progressive development, and providing readers with guidelines and exercises to ensure success without stress at each milestone. The result is surely a joyful partnership between rider and horse that will go the distance.

INGRID KLIMKE is an international trainer of dressage, show jumping, and event horses, and currently competes for Germany as an event rider. She had always been able to call on her father Reiner Klimke's experience, but has also been greatly influenced by Fritz Ligges, Ian Millar, and Anne Kursinski. She's appeared at five Olympics, from 2000 to 2016. With her horse Abraxxas, she won two gold medals in team eventing, at the 2008 and 2012 Summer Olympics. She won a team silver medal with Hale Bob at the 2016 Summer Olympics in Rio. She placed seventh at the 2002 World Dressage Cup Final with the horse

Nector van het Carelshof. She lives and trains in Münster, Germany.

"I hope this book will help you reach a better understanding of your horse, as well as harmonious partnership and joyfulness whenever you are together."

—INGRID KLIMKE



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