

## Where Classical Dressage and Western Riding Skills Meet

### COWBOY DRESSAGE

Riding, Training, and Competing with Kindness as the Goal and Guiding Principle

JESSICA BLACK, with EITAN and DEBBIE BETH-HALACHMY

Trafalgar Square Books is pleased to announce the upcoming release of *Cowboy Dressage* by Jessica Black with Eitan and Debbie Beth-Halachmy.

The equestrian pursuit known as Cowboy Dressage was born of a desire to meld the best of Western riding traditions and classical dressage in the pursuit of a harmonious relationship with a horse. Intended to be accessible to all, Cowboy Dressage is open to all breeds and all levels of riders; there isn't a set frame for overall look, head carriage, or action. The singular goal is to consider the horse's potential at all times as one strives to achieve a subtle and relaxed flow of information between horse and rider.

In this superbly written book, lifelong horsewoman Jessica Black traces the evolution of Cowboy Dressage back to its roots, sharing the story of Eitan and Debbie Beth-Halachmy and their phenomenal Morgan horses that have served as the movement's ambassadors. Black then expertly weaves Eitan Beth-Halachmy's experience and expertise into an

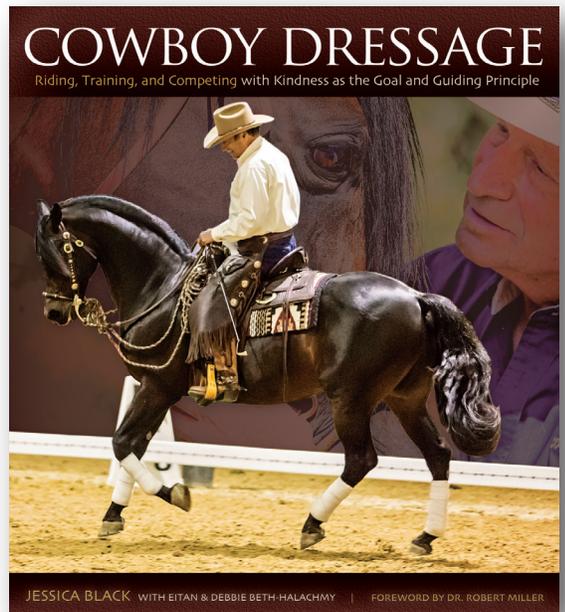
engaging and articulate explanation of the philosophy of Cowboy Dressage; defines the expectations of the rider; describes what a participant needs in terms of equipment; and explores how the most important element—the horse—should be prepared. Striding the line between utterly fascinating story and well-organized how-to manual, *Cowboy Dressage* gives readers everything they need to find a "soft feel" with their horses and then share what they've developed with a group of likeminded horsepeople. As the founders of the movement say in the book, Cowboy Dressage is more about a way of life than a rulebook—and with that as its premise, it's easy to see how it can show the way to true partnership with a horse.

**JESSICA BLACK** grew up riding and showing Morgan horses. She was introduced to Spanish doma and rode pure Spanish-bred and Lusitanos while studying in Spain. Later, she spent several years training, galloping, and racing Thoroughbreds, Arabians, and Quarter Horses. She earned an MA in Psychology from Humboldt State University and is currently pursuing her Doctorate at the University of Oklahoma.

**EITAN** and **DEBBIE BETH-HALACHMY** founded Cowboy Dressage and have devoted their lives, their Morgan horses, and their Wolf Creek Ranch in Grass Valley, California, to spreading the movement's ideals of lightness and kindness as a reward in training.

**“It is gratifying to see Cowboy Dressage, which benefits the horse mentally and physically, yet gives the rider the opportunity to compete in a complex and challenging event.”**

**—DR. ROBERT MILLER**  
Veterinarian, Author, and Lecturer



Photographer **LESLEY DEUTSCH** is a lifelong horseperson. She operates Blue Mountain Farm, just a few miles from Wolf Creek Ranch.

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