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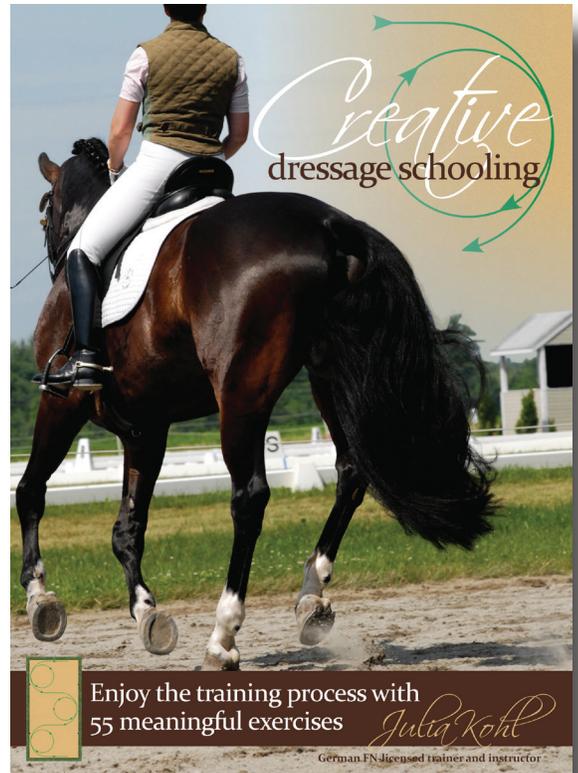
Enjoy the Training Process with  
55 Meaningful Exercises

JULIA KOHL

Trafalgar Square Books is pleased to announce the release of *Creative Dressage Schooling* by Julia Kohl.

Offering a wide variety of ideas to spice up training routines, this valuable handbook provides fresh exercises for practicing classical riding basics. Dressage fundamentals are indispensable for keeping horses fit and healthy, but forcing them to go through the same movements over and over while working in the arena can lead to boredom. This guide provides upbeat patterns and exercises that take the necessary task of essential schooling and add variety and challenge to everyday workouts, beat the dressage practice blues, and get the job done. With vivid descriptions of correct positions and aids and step-by-step instructions for all 55 exercises, it's easy to understand where to go, why to do it, and how to do it right. Equestrians looking for new tools to add to their training arsenal and working to create a supple and gymnasticized horse will delight in this fun collection of practice routines and photographs.

**JULIA KOHL** is a certified German National Federation trainer who runs a breeding and training stable in Cadolzburg, Germany.



“The goal of this book is to provide practical exercises to keep you and your horse busy, and ideas for using movements and school figures in different ways. As you grow familiar with these exercises, the experience you gain will automatically lead to new ideas and creative ways to keep your horse occupied meaningfully.”

—JULIA KOHL

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