



From the Author of *Kottas on Dressage*

DRESSAGE SOLUTIONS

A Rider's Guide

ARTHUR KOTTAS-HELDENBERG with ANDREW FITZPATRICK

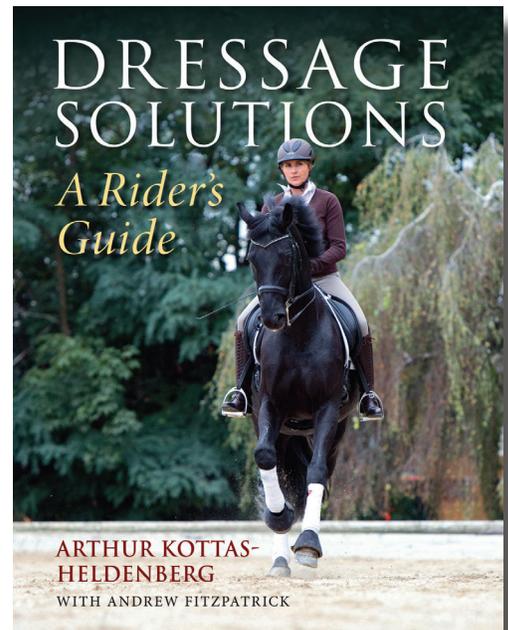
Trafalgar Square Books is pleased to announce the release of *Dressage Solutions* by Arthur Kottas-Heldenberg with Andrew Fitzpatrick.

A practical and comprehensive guide for dressage riders, *Dressage Solutions* covers those important years when there should be both trust and respect between the horse and rider—without which no good riding can result. Lungeing, backing, and the rider's seat are discussed in depth with particular emphasis given to early training and lateral work. A problems and answers section at the end of each chapter looks at solutions for both horse and rider.

Illustrated throughout with photographs and diagrams to show correct examples and faults, this thorough and thoughtful handbook is sure to prove invaluable to both intermediate and advanced riders.

ARTHUR KOTTAS-HELDENBERG was accepted as an Eleve (trainee) in the Spanish Riding School of Vienna in 1960. He rose rapidly under the tutelage of Colonel Alois Podhajsky and became the youngest ever First Chief Rider in the history of the School. He became an Assistant Rider in 1964, a Rider in 1969, Chief Rider in 1981, and in 1983 Riding Master. From 1995 until his retirement from the School in 2002, he was First Chief Rider. He is a rider and trainer of the highest international repute, and has successfully trained many horses and riders up to Olympic standard. His first book, *Kottas on Dressage*, is also available from Trafalgar Square Books.

ANDREW FITZPATRICK has ridden and trained for over 30 years worldwide. He was both a BSJA course builder and joint organizer of horse trials. He became involved with Training the Teachers of Tomorrow Trust (TTT) in 1988, and through the Trust began training with Arthur Kottas. Since then they have worked together regularly, including on the text of *Kottas on Dressage*, also available from Trafalgar Square Books. He is a firm believer in the benefits of classical training for both horse and rider. As a freelance trainer, he has worked both in the United Kingdom and internationally, including in the USA, New Zealand, and Ireland.



Look at common dressage problems through the eyes of a master—and discover how to fix them!

208 pp • 7 1/2 x 9 1/2 • illustrations and color photos throughout • 978 1 57076 682 4 • \$39.95 hc

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