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## Easy, Safe Lessons in Natural Horsemanship—for Kids!

### KIDS RIDING WITH CONFIDENCE

Fun Beginner Lessons to Build Trusting, Safe Partnerships with Horses

ANDREA & MARKUS ESCHBACH

Trafalgar Square Books is pleased to announce the release of *Kids Riding with Confidence* by Andrea and Markus Eschbach.

More easy-to-learn lessons in natural horsemanship for kids! Andrea and Markus Eschbach, authors of the bestselling book *How to Speak Horse*, are back with another fabulously illustrated introduction to safe and fun horse handling and riding skills. Beginning with the basics of how horses use body language to communicate, Andrea and Markus teach children how to “listen” to what their horse is saying and “talk back” in a way he understands while leading, grooming, tacking up, and eventually riding. With a focus on building the horse’s trust in his human partner, young riders gain confidence through exercises on horseback. Best of all, Andrea and Markus nurture a habit of care and respect for the horse that helps prepare children for a lifetime of rewarding time spent in the company of horses.

ANDREA and MARKUS ESCHBACH are known for their horsemanship clinics all over Europe and specialize in teaching riders, whether beginner or experienced, how to work with horses using minimal aids and equipment. Their focus is natural horsemanship based on mutual trust and respect in order to preserve the well-being of the horse. Both Andrea and Markus have extensive backgrounds working with young riders and with therapeutic riding. They are the authors of *How to Speak Horse* and *Riding Free: Bitless, Bridleless, Bareback*, both of which are also available from Trafalgar Square Books. The Eschbachs live and teach riding and horsemanship in Germany.



“We want you to learn more than just the beginnings of good riding technique—empathy and understanding for the horse can be learned, too. Developing this kind of awareness of and respect for your horse will give you a solid foundation on which to build a life with horses.”

—ANDREA and MARKUS ESCHBACH

32 pp • 8 ½ x 10 • 108 color photographs • 978 1 57076 706 7 • \$15.95 hc

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