

The New Book from the Author of *3-Minute Horsemanship*

OVER, UNDER, THROUGH: OBSTACLE TRAINING FOR HORSES

50 Effective, Step-by-Step Exercises for Every Rider

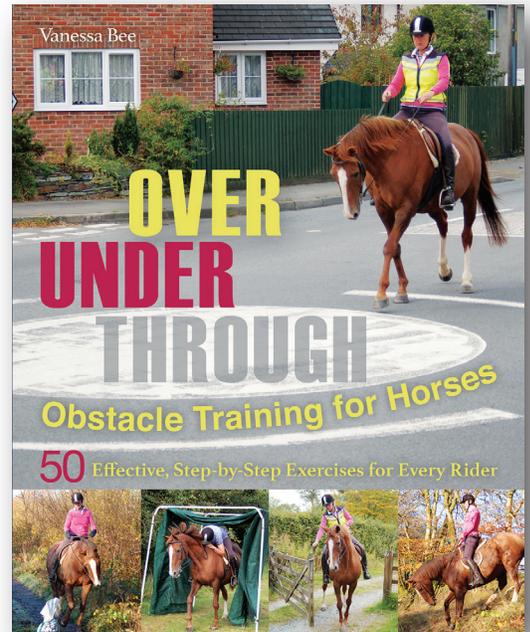
VANESSA BEE

Trafalgar Square Books is pleased to announce the upcoming release of *Over, Under, Through* by Vanessa Bee.

While many training books have explained ways to progressively “desensitize” horses to frightening situations and objects in the arena or round pen, this new book from Vanessa Bee—Founder of the International Horse Agility Club and *3-Minute Horsemanship*—takes the concept of teaching horses to accept what they think is terrifying out into the world around us.

When considering common obstacles that might scare a horse, you usually find that they require the horse to go *over* something (like a bridge, threshold, or log), *under* something (a tunnel, low branch, or line of bunting), or *through* something (a gateway, a ditch, or heavy brush). Sometimes there can be a combination of all three elements! To deal with such challenges, Bee has provided six Blueprint Exercises to lay the foundations of the skills you need to teach a horse to go *over*, *under*, or *through* just about anything. Then, she takes us through 50 common scenarios—such as riding over white lines or dark shadows, going under doorways, or passing through fields full of farm animals or “marshmallow” hay bales. Using small, easy-to-do, building-block steps and hundreds of color photographs, Bee shows us what is needed to change the horse’s instinctual reactions and behavior, assuring a smoother, safer ride down the road.

VANESSA BEE is the founder of the International Horse Agility Club (thehorseagilityclub.com). With a training facility in England and her own method known as Positive Horsemanship, she specializes in building relationships between the horse and the handler from the ground up. She’s been around horses most of her life, and as a qualified teacher with a degree in education, she has used her skills to develop a series of courses that teach people of all abilities and experience levels to achieve a positive relationship with their horses. By creating the International Horse Agility Club, she has provided a social and competitive outlet for those relationships to grow. She is the author of *The Horse Agility Handbook*, *Horse Agility* the DVD, and *3-Minute Horsemanship*, all of which are also available from Trafalgar Square Books.



“This book is about educating the horse to see scary things, check in with his rider, and react accordingly—you are showing him, through a series of exercises, that if he listens to his rider, he will be safe.”

—VANESSA BEE

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