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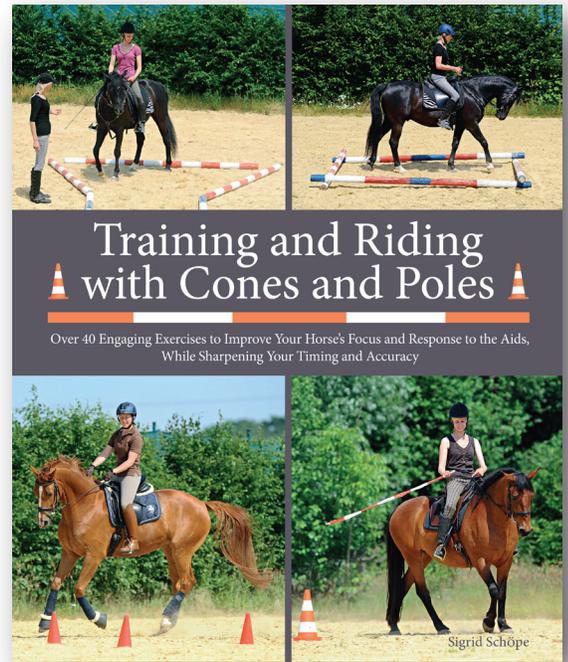
SIGRID SCHÖPE

Trafalgar Square Books is pleased to announce the release of *Training and Riding with Cones and Poles* by Sigrid Schöpe.

Training your horse to concentrate on a lesson, bend his body from nose to tail, and pay attention to where he places his feet—whatever your discipline or level of expertise, these are necessary foundation skills. Here you'll find an incredibly handy guide to introducing and solidifying these concepts, as well as many others, with exercises using two very basic training tools: traffic cones and ground poles. Arranged in an easy-to-view format so you can work through the exercises progressively or dip in and try ideas "à la carte," these pages provide all you need to reinvigorate arena workouts and keep both you and your horse engaged in the training process.

In addition, you'll discover that incorporating cones and poles in your daily lessons not only provides visual interest and physical guidelines for your horse as he moves around the ring, it also gives you a means of developing accuracy in your schooling figures and transitions. With these exercises, your horse's movement and response to your aids will certainly improve—and so will your overall riding performance.

SIGRID SCHÖPE has been riding for 40 years and has focused intensely on natural horsemanship, groundwork, and trick training. She teaches lessons and clinics in Germany and elsewhere. Schöpe is very close to her two horses, Shir Khan and Romeo: Shir Khan is a sensitive Russian Arab who can do many tricks, and Romeo, a Weser-Ems German Riding Pony, is a very talented horse under saddle who learns quickly and always likes to be busy.



“Enjoyment of the training process—that’s what rider and horse should always maintain, even when they take riding and being ridden seriously.” —SIGRID SCHÖPE

96 pp • 7 x 8½ • 140 color photos, 12 diagrams • 978 1 57076 721 0 • \$19.95 spiral

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