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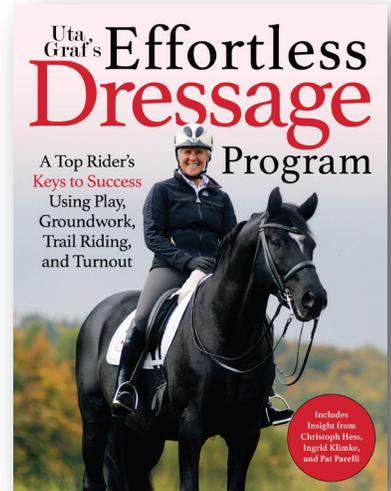
**UTA GRÄF**

**T**rafalgar Square Books is pleased to announce the release of *Uta Gräf's Effortless Dressage Program* by Uta Gräf.

At last the dressage world has a sensible means of reconciling classical idealism with show-ring aspirations! Uta Gräf has made a name for herself as a trailblazer in the international dressage scene, advocating for a method of combining the highest level of performance with natural care and conscientious training. The system she uses has proven to turn talented prospects into happy athletes, while transforming "not-so-perfect" dressage horses into willing and able partners.

In these pages, Gräf shares her schooling exercises, as well as the techniques she uses to incorporate groundwork, long-lining, trail riding, creative play, bombproofing, and turnout in her training program. The result is dressage that makes reaching your riding goals look and seem easy—even effortless—while ensuring a healthy, contented horse.

**UTA GRÄF** twice won the coveted Stensbeck Award from the German National Federation for showing great promise as a rider, teacher, and trainer with renowned Dutch Olympic medalist Ellen Bontje and German coach Conrad Schumacher. She and her partner Stefan Schneider established their training facility Gut Rothenkircherhof in Kirchheimbolanden, Germany, in 1999 and have trained horses from youngsters to Grand Prix ever since. In 2004, Gräf competed at the German Championships and won the bronze medal behind well-known German team riders Hubertus Schmidt and Rudolf Zeilinger. For several years she has coached the German Paralympic Dressage Team, including Paralympic champion Britta Näpel and World Champion Dr. Angelika Trabert. With her cheerful nature and wild hair, Gräf's signature at competitions, clinics, and demonstrations is her beautifully ridden, content, and satisfied horses, which have gained her respect worldwide.



**"If you're familiar with Uta, you'll know that a large part of her training includes respect for the horse and his natural living conditions. She is a firm believer that horses should be allowed to be horses, even at the international level."**

—DRESSAGE TODAY

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