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## Discover the True Meaning of Horsemanship—and Enjoy the Ride

### IN THE MIDDLE ARE THE HORSEMEN

**TIK MAYNARD**

Trafalgar Square Books is pleased to announce the release of *In the Middle Are the Horsemen* by Tik Maynard.

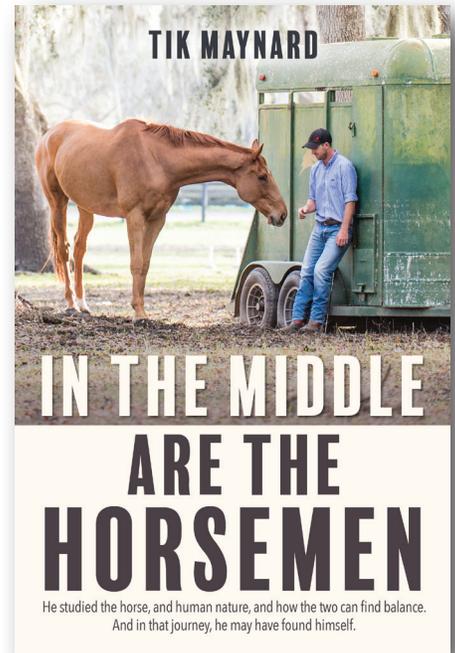
In 2008, 26-year-old Tik Maynard faced a crossroads not unlike that of other young adults. A university graduate and modern pentathlete, he suffered both a career-ending injury and a painful breakup, leaving him suddenly adrift. The son of prominent Canadian equestrians, Maynard decided to spend the next year as a “working student.” In the horse industry, working students aspire to become professional riders or trainers, and willingly trade labor for hands-on education. Here Maynard chronicles his experiences—good and bad—and we follow along as one year becomes three, what began as a casual adventure gradually transforms, and a life’s purpose comes sharply into focus.

Over time, Maynard evolves under the critical eyes of Olympians, medal winners, and world-renowned figures in the horse world, including Anne Kursinski, Johann Hinnemann, Ingrid Klimke, David and Karen O’Connor, Bruce Logan, and Ian Millar. He is ignored, degraded, encouraged, and praised. He’s hired and fired, told he has the “wrong body type to ride” and that he has found his “destiny.” He gets married and loses loved ones. Through it all, he studies the horse, and human nature, and how the two can find balance. And in that journey, he may have found himself.

**TIK MAYNARD** began riding with the Vancouver Pony Club, in Southlands, British Columbia. After achieving his “A” rating, he began competing in Modern Pentathlon, where he represented Canada at three World Championships, and the 2007 Pan American Games. Today Maynard runs Copperline Farm in Citra, Florida, with his wife, US Eventing Team Member Sinead Halpin. He has always been a passionate book lover. He has written a children’s story, published by *REAL* magazine; has won the Malahat Review Open Season Award; and has twice been shortlisted for the CBC Literary Awards for his non-fiction works ([tikmaynard.com](http://tikmaynard.com)).

**“This story is about learning, writing, running, getting hired, and getting fired (a few times). It is about other things, too. Most of all, however, this is a story about horses.”**

—TIK MAYNARD



392 pp • 6½ x 9½ • 978 1 57076 832 3 • \$24.95 pb

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