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RIDE BETTER WITH CHRISTOPH HESS

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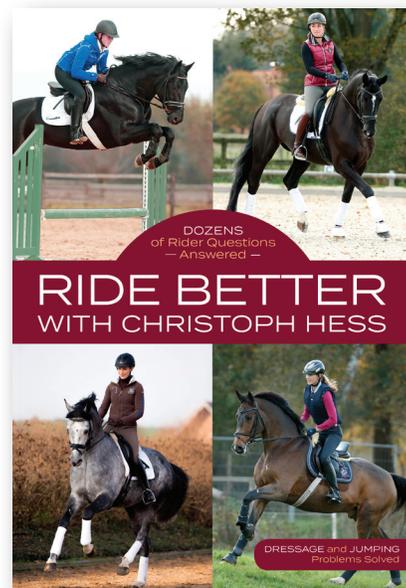
CHRISTOPH HESS

Trafalgar Square Books is pleased to announce the release of *Ride Better with Christoph Hess*.

The most important consideration when it comes to riding and working with horses, says FEI "I" Judge Christoph Hess, is sound basic training. This applies to all pleasure riders, just as it does to every ambitious competitor. Riding that honors the nature of the horse is a matter of utmost importance to Hess. In this question-and-answer-style problem-solver, he not only gives you solid solutions, he also explains the horse's character, convincingly demonstrating how you can only become a truly good rider when you understand and listen closely to your horse.

Ride Better with Christoph Hess provides thoughtful, easy-to-apply advice when dealing with issues with the gaits, in particular the walk and canter; high-headedness or the horse that is "too light" in the poll; inconsistency of performance; leaning on the bit, falling out; lack of straightness, and much more! Throughout, Hess emphasizes that a rider must always strive to improve, for the simple reason that you can always do better for your horse. Hess's lessons, tips, and solutions are invaluable to equestrians of every level—everyone can walk away from this book a better rider.

CHRISTOPH HESS is an FEI "I" Judge in both dressage and eventing. The German National Federation (GNF) awarded him the title of Professional Riding Instructor—a title that labels him as an international expert and educator of professionals. Hess currently holds the positions of Head of Instruction and Head of the Personal Members Department at the GNF, where he's been employed since 1978. Hess is actively involved in the education of judges and instructors both within Germany and around the world. He conducts clinics, workshops, forums, and symposiums for judges, trainers, and riders throughout the international dressage and eventing communities. He is an examiner of judges and trainers at the highest levels of the sport of dressage, including



seminars and testing sanctioned and sponsored by the FEI (Fédération Equestrian International). Hess lives in Germany.

"Christoph consistently demonstrates how to improve your own riding each and every day, step by step. ... I am certain that within this book you'll find inspiration for yourself and your horse!"

—UTA GRÄF
German Equestrian Federation Master Horseman

184 pp • 6 x 9 • 62 color photos, 55 illustrations • 978 1 57076 858 3 • \$29.95 pb

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