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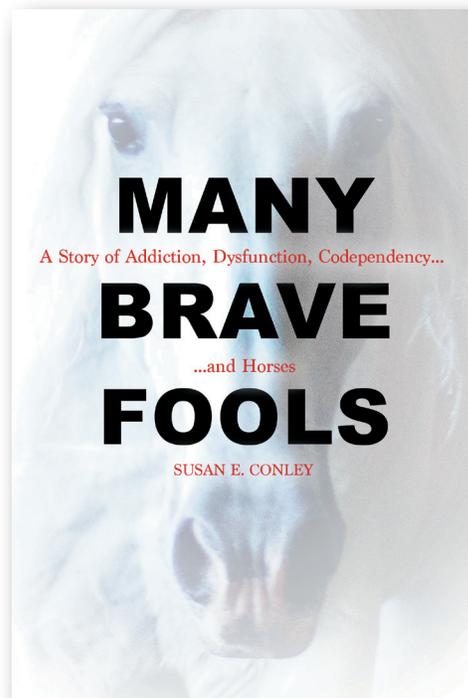
MANY BRAVE FOOLS

A Story of Addiction, Dysfunction, Codependency ... and Horses

SUSAN E. CONLEY

Trafalgar Square Books is pleased to announce the release of *Many Brave Fools* by Susan E. Conley.

Codependency, a compulsive behavior sometimes known as "relationship addiction," is often characterized by a dysfunctional, one-sided relationship that is emotionally destructive—even abusive. For years Susan Conley found herself trapped, married to an addict whose health, welfare, and safety she valued far above her own. Over time she watched as she lost contact with her own needs, desires, and sense of self. But then at forty-two, after yet another crisis came to an anticlimactic resolution that left nothing healed and little to hope for, she decided, having never so much as touched a horse, to take up riding. Here, with humor and honesty, Conley chronicles her experiences, sharing how her pledge to rediscover herself following her divorce was aided, abetted, and challenged by the horses in her life. "They were as large a part of my recovery as were any of the self-help books I read, personal development workshops I did, and 12-step meetings I attended," she writes. "The struggle to heal the wounds of a dysfunctional marriage was actually made easier via the real wounds received from horseback riding. *Many Brave Fools* explores the ways in which horses enriched Conley's life, and how the process of making herself into a rider helped her become the person she most wanted to be: not the "ex-wife of an addict," but a responsive, confident, courageous woman, entering the prime of her life.



SUSAN E. CONLEY has a Master of Philosophy in Irish Theatre Studies from the Samuel Beckett Centre, Trinity College, an Honours Degree in Psychology, and a diploma in Equine Assisted Therapy and Learning. Conley is also the author of *Drama Queen*, *The Fidelity Project*, and *That Magic Mischief*.

"I felt like every cell in my body had been shaken up in some way, energized to a degree I had never experienced before. I didn't feel like 'a woman who had a failed marriage'—I felt like I was alive. I felt like there was hope. I felt like I could learn something new."

—SUSAN E. CONLEY

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For more information, contact mcook@trafalgarbooks.com.

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