



TRAFALGAR SQUARE BOOKS

www.horseandriderbooks.com • The Leading Publishers of Equestrian Books & DVDs

AVAILABLE NOW

The True Story of One of the Most Accomplished Riders in the World

FOUR LEGS MOVE MY SOUL

The Authorized Biography of Dressage Olympian Isabell Werth

ISABELL WERTH and EVI SIMEONI

Trafalgar Square Books is pleased to announce the release of *Four Legs Move My Soul* by Isabell Werth and Evi Simeoni.

German Olympian Isabell Werth is one of the most successful horsewomen in the world. With six Olympic gold medals and countless championship titles to her name, there are few her equal on paper. But an equestrian's success is wholly dependent on the relationship she has with her athletic partner—her horse—and Werth's astounding accomplishments would not have been possible without her unique approach to working with the animals she's loved since childhood. Even as a little girl, growing up on a farm on the Lower Rhine, it was clear that Werth possessed an extraordinary gift for empathizing with horses and foreseeing how they were likely to react in certain situations. This insight gave her a special ability as a rider and a trainer.

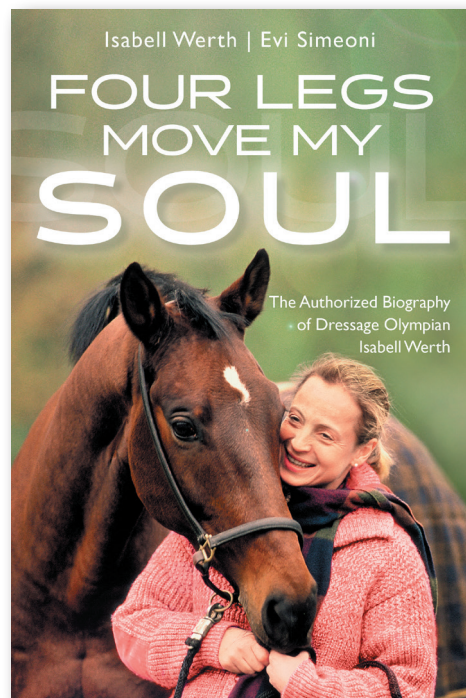
Here, Werth collaborates with accomplished sports journalist Evi Simeoni—someone who has witnessed and written about her career from the very beginning—to tell her life story. Readers will get the inside scoop when it comes to Werth's accomplishments—and her failures, too. They'll hear her personal thoughts regarding some of the biggest controversies to rock the dressage world: Rollkur and Totilas. Perhaps most importantly, they'll learn about each of the sensitive and talented horses that has impacted Werth's life, including Gigolo, Satchmo, and Bella Rose. For, you see, there is a meme that is popular in the riding community that says, "Two legs move our body, four legs move our soul." And it's this sentiment that Werth feels perhaps best defines her.

ISABELL WERTH is a German equestrian and world champion dressage rider. She has competed in the Olympics five times (1992, 1996, 2000, 2008, 2016), winning ten medals, six of them gold. She holds the record for the most Olympic medals won by any equestrian athlete, and has earned dozens of European Championship, World Championship, and World Cup medals. The number of different horses Werth has successfully trained to the top and her career's impressive longevity make her one of the greatest ever to ride in international competition.

"For me that is utter happiness on a horse—to feel completely independent of competition, to feel only that the horse is with me and I am with the horse."

—ISABELL WERTH

EVI SIMEONI has been the sports reporter at the *Frankfurter Allgemeine Zeitung* for more than 30 years, and has received numerous prizes for journalism.



336 pp • 6 x 9 • 29 color photographs • 978 1 57076 956 6 • \$24.95 pb

For more information, contact mcook@trafalgarbooks.com.

To order, contact: Trafalgar Square Books, Box 257, Howe Hill Road, N. Pomfret, VT 05053
800.423.4525 • www.horseandriderbooks.com