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An Illustrated Guide to Preventive and Rehabilitative Techniques

PHYSICAL THERAPY FOR HORSES

A Visual Course in Massage, Stretching, Rehabilitation, Anatomy, and Biomechanics

HELLE KATRINE KLEVEN

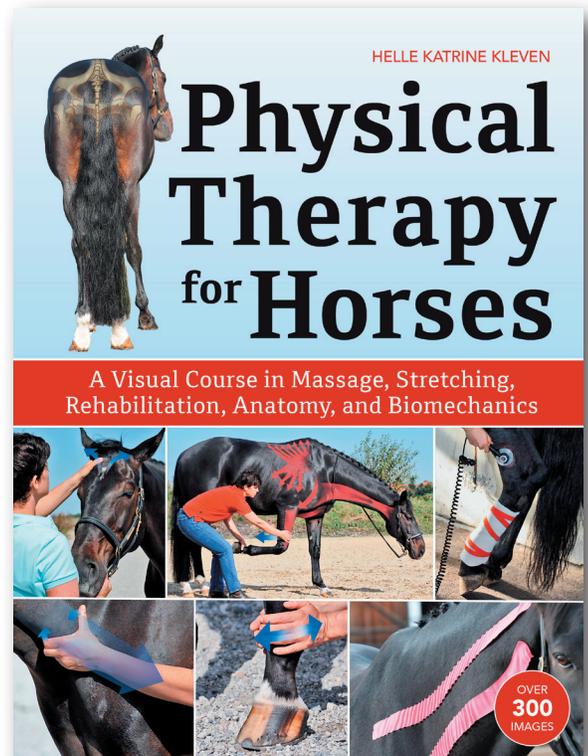
Trafalgar Square Books is pleased to announce the release of *Physical Therapy for Horses* by Helle Katrine Kleven.

An understanding of anatomy and biomechanics, and a grasp of the variable options available to both keep the active equine healthy and rehabilitate following an injury or layoff have become integral aspects of general horse health management. Equine physical therapy expert Helle Katrine Kleven has created a reference that supports horse owners as they strive to keep their horses sound in body and mind, and at the top of their game. In this highly illustrated book, Kleven provides a comprehensible introduction to the musculoskeletal and nervous systems of the horse, as well as an instructive exploration of biomechanics. The major areas of physical therapy are then summarized. Inside, readers will also find practical how-to guidance in the most popular therapeutic modalities, as well as cutting-edge alternatives that are currently gaining ground: fascia work, stretching, massage, hydrotherapy, stability and strengthening exercises, laser therapy, palpation, kinesiotaping, heat therapy, magnetic therapy, ice therapy, matrix-rhythm therapy, and more.

HELLE KATRINE KLEVEN began her career as a physical therapist for humans before training in England and Germany to apply her knowledge to horses. She pursued work as an equine physical therapist starting in 1996 and is now well known for her popular courses and lectures. Kleven supervised the horses of the German Eventing Team and the Endurance Team in an official capacity from 1998-2000.

"I am thoroughly convinced that the better a rider or horse owner understands the horse's anatomy and biomechanics, the better she can develop the horse's natural movement under saddle."

—HELLE KATRINE KLEVEN



248 pp • 7½ x 9¾ • over 300 color photos and illustrations • 978 1 57076 938 2 • \$45.00 hc

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